

Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O
Mushrooms (sliced and chunky)	100% fresh Mushrooms														✓
Tomatoes (sliced and quartered)	100% fresh Tomato														
Jalapenos	Green jalapeno peppers (52%), water, salt, acetic acid														
Pineapple	Pineapple, water, sugar, acidity regulator (citric acid)														✓
Sweetcorn	Sweetcorn, water														
Red onion	Red onion														
BBQ Sauce	Water, sugar, tomato paste, glucose-fructose syrup, spirit vinegar, malt vinegar (barley), soya sauce, modified maize starch, salt, flavourings (celery , wheat), caramelised sugar syrup, smoke flavouring, preservative (potassium sorbate), garlic powder, onion powder, soya extract (water, soya beans, salt, wheat flour: contains calcium carbonate, iron, nicotinamide, thiamine), salt, glucose, spirit vinegar, barley malt vinegar			✓		✓					✓				
Olives	Green olives (52%) (water, salt, lactic acid, citric acid), black olives (34.5%) (water, salt, lactic acid, ferrous luconate), red peppers (5%), white wine vinegar (antioxidant sulphur dioxide), vegetable oil (rapeseed), garlic puree (garlic), chilli sauce (peppers, salt, acetic acid, water, onion powder, modified maize starch, xanthan gum), parsley (0.2%), oregano (0.2%), chilli flakes, brine (water, salt, citric acid, lactic acid)													✓	✓
Garlic & parsley spread	Vegetable oils (palm oil, rapeseed oil), garlic puree (14%), water, parsley, emulsifier (mono- and diglycerides of fatty acids, natural flavouring, colour (beta-carotene). Produced in a factory that also handles milk		✓												
Vegan Cheese (Violife)	Water, coconut oil (24%), modified starch (potato and corn), corn starch, sea salt, flavourings, olive extract, colour: B-carotene, vitamin B12														
Meatless Pepperoni	Water, wheat protein, tomato paste, rapeseed oil, nutritional yeast, soya , potato starch, fibre (bamboo, pea, plantain), natural spices, mustard , salt. May contain traces of sesame and celery			✓		✓				✓	✓				✓
Vegan Ham Slices (Quorn)	Mycoprotein (78%), water, flavourings (contains smoke flavourings, colour: iron oxide), gelling agents: agar, locust bean gum; potato protein, salt, pea fibre, preservative: potassium sorbate														✓
Vegan Spicy Chicken (pizza topping)	This Isn't Chicken Pieces (water, soya protein concentrate (30%), sunflower oil, flavouring, pea protein isolate (2%), potato starch, salt, pea fibre, rapeseed oil, maltodextrin, sea salt and black pepper seasoning [maltodextrin, black pepper, sugar, yeast extract powder, natural flavouring, sea salt], titanium dioxide, iron, vitamin B12), chilli powder					✓									

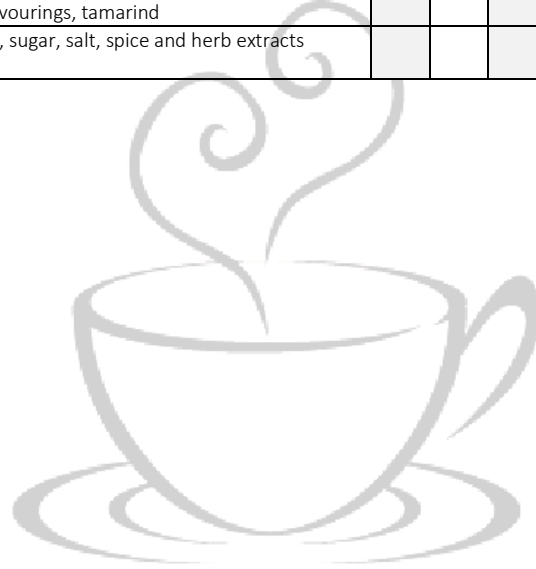
CAFE - BAR - CONVENIENCE

Sandwiches/Wraps/Toasties																
Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O	
Malted Brown Bloomer (Morrisons)	Fortified wheat flour (wheat flour, calcium carbonate, iron, niacin, thiamine), water, malted wheat flakes, rapeseed oil, yeast, malted barley flour, wheat gluten, malted wheat flour, rye flour, Wheat semolina, salt, wheat flour, fermented wheat flour, dextrose, acidity regulators (calcium sulphate, citric acid), sourdough culture, preservative (calcium propionate), flour treatment agent (ascorbic acid)			✓												
Tiger Bloomer (Morrisons)	Fortified wheat flour (wheat flour, calcium carbonate, iron, niacin, thiamine), water, rapeseed oil, yeast, fermented wheat flour, wheat flour, salt, rice flour, dextrose, acidity regulators (calcium sulphate, citric acid), raising agents (sodium carbonates, ammonium carbonates), flour treatment agents (l-cysteine, ascorbic acid), malted barley , sourdough culture, preservative (calcium propionate)			✓												
Baguette (part-baked)	Wheat flour (wheat flour, malted wheat flour, antioxidant (ascorbic acid)), water, yeast, fermented wheat flour, salt (may also contain sesame seeds)			✓						✓						
White Pittas (Morrisons)	Fortified wheat flour (wheat flour, calcium carbonate, iron, niacin, thiamine), water, yeast, rapeseed oil, salt, preservative (calcium propionate) (may contain egg , milk , other cereals containing gluten and soya)		✓	✓	✓	✓										
White Tortilla Wraps (Morrisons)	Fortified wheat flour (wheat flour, calcium carbonate, iron, niacin, thiamine), water, palm oil, humectant (glycerol), raising agents (diphosphates, sodium carbonates), sugar, emulsifier (mon- and diglycerides of fatty acids), acidity regulator (citric acid), salt, preservative (calcium propionate), wheat starch, flour treatment agent (l-cysteine)			✓												
Flora Dairy-free Spread	Plant oils (sunflower, rapeseed, palm), water, salt, plant based emulsifier (sunflower lechin), vinegar, natural flavouring, vitamin A															
Ham (sliced)	100% pork															
Egg Mayonnaise (homemade)	Eggs , Mayonnaise (Rapeseed oil (78%), water, pasteurised free range egg and egg yolk (8.9%), spirit vinegar, sugar, salt, lemon juice, antioxidant (calcium disodium EDTA), flavouring, paprika extract), salt and pepper				✓											
Tuna Mayonnaise (homemade)	Tuna (Skipjack Tuna (fish), water, salt), Mayonnaise (Rapeseed oil (78%), water, pasteurised free range egg and egg yolk (8.9%), spirit vinegar, sugar, salt, lemon juice, antioxidant (calcium disodium EDTA), flavouring, paprika extract), salt and pepper				✓			✓								
Houmous	Chickpeas (50%), rapeseed oil, water, tahini (12%) (sesame seed paste), salt, acidity regulator (citric acid), garlic (1%), preservative (potassium sorbate), concentrated lemon juice									✓					✓	
Tuna (skipjack)	Skipjack Tuna (fish), water, salt							✓								

Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O
Coronation Chicken (homemade)	Chicken pieces, mayonnaise (Rapeseed oil (78%), water, pasteurised free range egg and egg yolk (8.9%), spirit vinegar, sugar, salt, lemon juice, antioxidant (calcium disodium EDTA), flavouring, paprika extract), salt and pepper, tikka paste (Water, rapeseed oil, concentrated tomato puree (8%) turmeric powder, sugar, maize starch, dried onions, paprika powder, coriander powder (3%), salt, ginger puree (2.8%), acetic acid, cumin powder, garlic puree (2%), spices (1%), dried coriander leaf (0.5%), paprika extract), sultanas (sultanas, cottonseed oil)				✓										
Coronation Chickpea (homemade)	Chickpeas , vegan mayonnaise (Rapeseed oil (72%), water, spirit vinegar, sugar, salt, modified starch, natural flavouring (contains mustard), lemon juice concentrate, antioxidant (calcium disodium EDTA), colour (paprika extract), salt and pepper, tikka paste (Water, rapeseed oil, concentrated tomato puree (8%) turmeric powder, sugar, maize starch, dried onions, paprika powder, coriander powder (3%), salt, ginger puree (2.8%), acetic acid, cumin powder, garlic puree (2%), spices (1%), dried coriander leaf (0.5%), paprika extract), sultanas (sultanas, cottonseed oil)								✓						✓
Glaze with Balsamic Vinegar of Modena	Grape must concentrate (contains sulphites), balsamic vinegar of Modena (20%) (wine vinegar, grape must concentrate (contains sulphites), colour (plain caramel) antioxidant (sulphur dioxide)), wine vinegar, thickener (guar gum), stabiliser (xanthan gum), antioxidant (sulphur dioxide)													✓	
Hellmans Vegan Mayonnaise	Rapeseed oil (72%), water, spirit vinegar, sugar, salt, modified starch, natural flavouring (contains mustard), lemon juice concentrate, antioxidant (calcium disodium EDTA), colour (paprika extract),														✓
Hellmans Mayonnaise	Rapeseed oil (78%), water, pasteurised free range egg and egg yolk (8.9%), spirit vinegar, sugar, salt, lemon juice, antioxidant (calcium disodium EDTA), flavouring, paprika extract				✓										
Onion Chutney	Rehydrated red onions (68%), sugar, rehydrated onions, red wine vinegar (15%), colour (plain caramel) (2%), modified maize starch, sea salt, ground ginger, cinnamon powder, ground nutmeg														
Tikka Paste	Water, rapeseed oil, concentrated tomato puree (8%) turmeric powder, sugar, maize starch, dried onions, paprika powder, coriander powder (3%), salt, ginger puree (2.8%), acetic acid, cumin powder, garlic puree (2%), spices (1%), dried coriander leaf (0.5%), paprika extract														

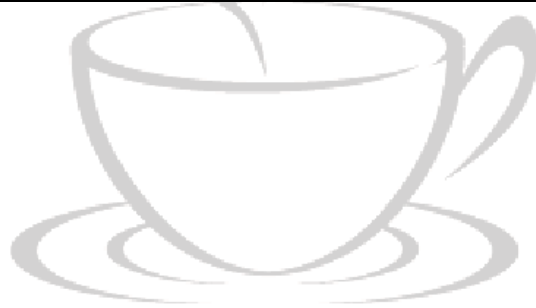
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Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O
HP Sauce	Tomatoes, malt vinegar (from barley), molasses, glucose – fructose syrup, spirit vinegar, sugar, dates, modified cornflour, rye flour, salt, spices, flavourings, tamarind			✓											
Tomato Ketchup (Heinz)	Tomatoes, spirit vinegar, sugar, salt, spice and herb extracts (contains celery), spice										✓				



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Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O
Vegan Mint Mayo (homemade)	Vegan mayonnaise (Rapeseed oil (72%), water, spirit vinegar, sugar, salt, modified starch, natural flavouring (contains mustard), lemon juice concentrate, antioxidant (calcium disodium EDTA), colour (paprika extract)), mint sauce (water, spirit vinegar, sugar, modified maize starch, dried spearmint (4%), salt, natural flavourings with other natural flavourings, colour (copper complexes of chlorophyllin)														✓
Knorr Vegetable Bouillon Cube	Salt, vegetable fats (palm, shea butter, sal butter), potato starch, yeast extract, sugar, onion powder (2.3%), carrots (1.5%), herbs (parsley, tarragon), spices (celery seeds, garlic, turmeric, pepper,, parsley roots), tomato puree powder, red bell pepper (0.2%), caramel syrup, flavourings (contains celery), leek, maltodextrin										✓				



Anna's
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Soups, Starters, Specials and Sides																
Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O	
Chopped Garlic	Water, rapeseed oil (27%), dried garlic (25%), salt, citric acid, sodium															
Basmati Rice (Uncle Bens)	Steamed basmati rice (98%), sunflower oil															
Tortilla Chips	Maize flour, high oleic sunflower oil (23%), salt (1%)															
Crisps (side) (Kettle)	Potatoes, sunflower oil, sea salt															
Skin on Fries (Chefs Larder)	Potatoes (90%), sunflower oil, batter (5%) (potato starch, rice flour, modified, salt, dextrin), raising agents (sodium bicarbonate, disodium diphosphate), thickener (xanthan gum), paprika extract, turmeric extract)															
Vegan Burger (Moving Mountains)	Water, vegetable oil (coconut), vegetables (oyster mushroom, mushroom, onion), vegetable protein (soy , soy protein isolated), gluten (wheat), natural flavour, starch (wheat), dietary fibre (oat), pea protein isolate, thickener (E461), vinegar, barley malt extract, beetroot juice concentrate, preservative (E270), salt, vitamin B12			✓		✓									✓	
Burger Buns (Chefs Larder)	Wheat flour (contains calcium carbonate, iron, nicotinamide, thiamine), water, yeast, palm oil, sugar, wheat semolina, salt, rapeseed oil, fermented wheat flour, emulsifiers (mono- and diacetyl tartaric esters of diglycerides of fatty acids), wheat gluten, potato flake, preservative (calcium propionate), flour treatment agent (ascorbic acid)			✓												
Beef Burger (butcher)	Beef, wheat flour, soya , sulphur dioxide/sulphites			✓		✓								✓		
Chorizo Sausage Burger (butcher)	Pork, wheat flour, soya , sulphur dioxide/sulphites			✓		✓								✓		
Cooked Turkey (butcher)	Turkey, celery , wheat flour			✓							✓					
Cooked Chicken (butcher)	100% roast chicken															
Coleslaw (homemade)	Carrots, savoy cabbage, red cabbage, white cabbage, vegan mayonnaise (Rapeseed oil (72%), water, spirit vinegar, sugar, salt, modified starch, natural flavouring (contains mustard), lemon juice concentrate, antioxidant (calcium disodium EDTA), colour (paprika extract), wholegrain mustard (Mustard seed (31%), water, white wine vinegar, spirit vinegar, sugar, mustard flour (4%), salt, cinnamon powder, pimento powder, turmeric powder)														✓	
Beer Board	Olives (Green olives (52%) (water, salt, lactic acid, citric acid), black olives (34.5%) (water, salt, lactic acid, ferrous luconate), red peppers (5%), white wine vinegar (antioxidant sulphur dioxide), vegetable oil (rapeseed), garlic puree (garlic), chilli sauce (peppers, salt, acetic acid, water, onion powder, modified maize starch, xanthan gum), parsley (0.2%), oregano (0.2%), chilli flakes, brine (water, salt, citric acid, lactic acid)), Peanuts (Peanuts (96%), high oleic sunflower oil, salt), Kettle Crisps (select potatoes, sunflower oil, sea salt)	✓					✓		✓					✓		
Peanuts	Peanuts (96%), high oleic sunflower oil, salt	✓					✓		✓							

Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O
Guacamole (Morrisons)	Avocado puree (48%) (avocado, antioxidant (ascorbic acid), stabiliser (xanthan gum), acidity regulator (citric acid)), avocado (32%) (avocado, water, acidity regulator (citric acid), salt, antioxidant (ascorbic acid)), tomato (10%), red onion (5%), coriander, garlic puree, red chilli, salt, concentrated lime juice, antioxidant (ascorbic acid), acidity regulator (citric acid), preservative (potassium sorbate)														✓
Homemade Chilli (Vegan)	Onions, carrots, courgettes, peppers, mushrooms , passata, tomatoes, garlic, ginger, salt, pepper, smoked paprika, ground cumin, ground coriander, stock (water, salt, glucose syrup, dextrose monohydrate, yeast extract, sugar, sunflower oil, carrot extract, maltodextrin, onion concentrate, red pepper extract, celery juice concentrate, onion powder, stabiliser (tara gum), carrot, parsley, garlic puree, black pepper, celery , refined celery seed oil)										✓				✓
Nachos	Tortilla chips (Maize flour, high oleic sunflower oil (23%), salt (1%)), cheese (Milk , anti-caking agent (cellulose), tomato pizza sauce (Tomatoes (98.5%), salt, basil, onion, garlic, pepper, acidity regulator (citric acid)), chilli flakes, guacamole (Avocado puree (48%) (avocado, antioxidant (ascorbic acid), stabiliser (xanthan gum), acidity regulator (citric acid)), avocado (32%) (avocado, water, acidity regulator (citric acid), salt, antioxidant (ascorbic acid)), tomato (10%), red onion (5%), coriander, garlic puree, red chilli, salt, concentrated lime juice, antioxidant (ascorbic acid), acidity regulator (citric acid), preservative (potassium sorbate))		✓												
Vegan Nachos	Tortilla chips (Maize flour, high oleic sunflower oil (23%), salt (1%)), vegan cheese (Water, coconut oil (24%), modified starch (potato and corn), corn starch, sea salt, flavourings, olive extract, colour: B-carotene, vitamin B12), tomato pizza sauce (Tomatoes (98.5%), salt, basil, onion, garlic, pepper, acidity regulator (citric acid)), chilli flakes, guacamole (Avocado puree (48%) (avocado, antioxidant (ascorbic acid), stabiliser (xanthan gum), acidity regulator (citric acid)), avocado (32%) (avocado, water, acidity regulator (citric acid), salt, antioxidant (ascorbic acid)), tomato (10%), red onion (5%), coriander, garlic puree, red chilli, salt, concentrated lime juice, antioxidant (ascorbic acid), acidity regulator (citric acid), preservative (potassium sorbate))														
Vegan Cheese Slices (Violife)	Water, coconut oil (23%), modified starch (potato & corn), starch (potato), sea salt, flavourings, olive extract, colour: B-Carotene, Vitamin B12														

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Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O
Vegan Kebabs	Vegan kebab (Rehydrated soya protein (87%), rapeseed oil, sunflower oil, vinegar, herbs and spices, salt, natural flavourings, dried vegetables (paprika, onion), water, garlic, maltodextrin, paprika concentrate, vitamins and minerals (vitamin B12, Iron)), rice, vegan mayonnaise, mixed salad with balsamic glaze, glaze (Grape must concentrate (contains sulphites), balsamic vinegar of Modena (20%) (wine vinegar, grape must concentrate (contains sulphites), colour (plain caramel) antioxidant (sulphur dioxide)), wine vinegar, thickener (guar gum), stabiliser (xanthan gum), antioxidant (sulphur dioxide)), pitta bread (Fortified wheat flour (wheat flour, calcium carbonate, iron, niacin, thiamine), water, yeast, rapeseed oil, salt, preservative (calcium propionate) (may contain egg, milk , other cereals containing gluten and soya)), rice (steamed basmati rice (98%), sunflower oil), vegan mint mayo (Rapeseed oil (72%), water, spirit vinegar, sugar, salt, modified starch, natural flavouring (contains mustard), lemon juice concentrate, antioxidant (calcium disodium EDTA), colour (paprika extract), mint sauce (water, spirit vinegar, sugar, modified maize starch, dried spearmint (4%), salt, natural flavourings with other natural flavourings, colour (copper complexes of chlorophyllin)		✓	✓		✓								✓	✓
Club Sandwich	Tiger bread (Fortified wheat flour (wheat flour, calcium carbonate, iron, niacin, thiamine), water, rapeseed oil, yeast, fermented wheat flour, wheat flour, salt, rice flour, dextrose, acidity regulators (calcium sulphate, citric acid), raising agents (sodium carbonates, ammonium carbonates), flour treatment agents (l-cysteine, ascorbic acid), malted barley , sourdough culture, preservative (calcium propionate)), bacon (Pork (87%), water, salt, preservative E250, E252), roast chicken, mayonnaise (Rapeseed oil (78%), water, pasteurised free range egg and egg yolk (8.9%), spirit vinegar, sugar, salt, lemon juice, antioxidant (calcium disodium EDTA), flavouring, paprika extract), cheese (Milk , anti-caking agent (cellulose)), tomatoes, iceberg lettuce		✓	✓	✓										

CAFE - BAR - CONVENIENCE

Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O	
Moving Mountain Burger	Burger bun (Wheat flour (contains calcium carbonate, iron, nicotinamide, thiamine), water, yeast, palm oil, sugar, wheat semolina, salt, rapeseed oil, fermented wheat flour, emulsifiers (mono- and diacetyl tartaric esters of diglycerides of fatty acids), wheat gluten, potato flake, preservative (calcium propionate), flour treatment agent (ascorbic acid)), Moving Mountain burger patty (Water, vegetable oil (coconut), vegetables (oyster mushroom , mushroom , onion), vegetable protein (soy , soy protein isolated), gluten (wheat), natural flavour, starch (wheat), dietary fibre (oat), pea protein isolate, thickener (E461), vinegar, barley malt extract, beetroot juice concentrate, preservative (E270), salt, vitamin B12), tomato, salad leaves, vegan mayonnaise (Rapeseed oil (72%), water, spirit vinegar, sugar, salt, modified starch, natural flavouring (contains mustard), lemon juice concentrate, antioxidant (calcium disodium EDTA), colour (paprika extract)), burger relish (Water, sugar, gherkins (19%), tomato paste (16%), spirit vinegar, dried red and green bell peppers (5%), cauliflower, diced onion, modified maize starch, mustard seed, dried onion, salt, garlic powder, white pepper, gherkins contain: gherkins, water, acidity regulator (acetic acid), salt, stabiliser (xanthan gum), firming agent (calcium chloride). Cauliflower contains: Cauliflower, water, salt, acidity regulator (acetic acid), firming agent (calcium chloride)), fries Potatoes (90%), sunflower oil, batter (5%) (potato starch, rice flour, modified, salt, dextrin), raising agents (sodium bicarbonate, disodium diphosphate), thickener (xanthan gum), paprika extract, turmeric extract), fried onions, vegan cheese slice (Water, coconut oil (23%), modified starch (potato & corn), starch (potato), sea salt, flavourings, olive extract, colour: B-Carotene, Vitamin B12)			✓		✓										✓
Minted Lamb Grills (butcher)	Lamb, wheat flour, soya , sulphur dioxide/sulphites			✓		✓								✓		
Chicken & Pepper Kebabs (butcher)	Chicken, Red Peppers, barley			✓												
Vegan Sharwarma Kebab (Viva)	Rehydrated soya protein (87%), rapeseed oil, sunflower oil, vinegar, herbs and spices, salt, natural flavourings, dried vegetables (paprika, onion), water, garlic, maltodextrin, paprika concentrate, vitamins and minerals (vitamin B12, Iron)					✓										

CAFE - BAR - CONVENIENCE

Cheese Grazing Board																
Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O	
Brussels Pate (Morrisons)	Pork liver (34%), pork fat, water, pork (6%), pork rind, rice flour, salt, sugar, antioxidants (potassium lactate, sodium ascorbate), milk protein, emulsifier (mono- and diglycerides of fatty acids), spices, bamboo fibre, onion powder, pea starch, thickener (guar gum), preservatives (potassium acetate, sodium nitrite), pepper extract, nutmeg extract, yeast extract		✓													
Pork pies (Morrisons)	Fortified wheat flour (wheat flour, calcium carbonate, iron, niacin, thiamine), pork (22%), pork lard, water, pork fat, potato starch, salt, dried whole egg , pork gelatine, spices, antioxidant (sodium ascorbate), preservatives (sodium nitrite, potassium nitrite), raising agent (ammonium carbonates)			✓	✓											
Double Gloucester	Double Gloucester cheese (99% (cheese (milk), colour (annatto norbixin)), kibbled onion, chive, preservative (potassium sorbate)		✓													
Smoked Austrian	Contains milk		✓													
Goats Cheese	Contains milk		✓													
Lancashire cheese	Contains milk		✓													
Blue Cheese	Contains milk		✓													
Brie	Contains milk		✓													
Crackers (wholegrain)	Wheat flour (wheat flour, iron, niacin, thiamine, riboflavin, folic acid), whole wheat , sunflower oil, grains (5%) (cracked rye , cracked wheat , brown rice, millet, linseed), sugar, raising agents (ammonium carbonates, sodium carbonates), barley malt extract, salt, onion powder, enzymes (wheat)			✓												
Various Salad and Fruit items	Mixed salad leaves, tomatoes, cucumber, pineapple, sweetcorn, red onion, red grapes, celery										✓					
Ciabatta	Contains wheat			✓												
Onion Chutney	Rehydrated red onions (68%), sugar, rehydrated onions, red wine vinegar (15%), colour (plain caramel) (2%), modified maize starch, sea salt, ground ginger, cinnamon powder, ground nutmeg															
Pickled Onions	Silverskin onions (contains acidity regulator (acetic acid), preservative (sodium metabisulphite), water, salt, acidity regulator (acetic acid), spirit vinegar													✓		
Olives	Green olives (52%) (water, salt, lactic acid, citric acid), black olives (34.5%) (water, salt, lactic acid, ferrous luconate), red peppers (5%), white wine vinegar (antioxidant sulphur dioxide), vegetable oil (rapeseed), garlic puree (garlic), chilli sauce (peppers, salt, acetic acid, water, onion powder, modified maize starch, xanthan gum), parsley (0.2%), oregano (0.2%), chilli flakes, brine (water, salt, citric acid, lactic acid)													✓	✓	

CAFE - BAR - CONVENIENCE

Cakes/Desserts																
Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O	
Carrot Cake (Gluten Free)	Brown sugar, gluten free flour blend (rice, potato, tapioca, maize, buckwheat), raising agents (mono-calcium phosphate, sodium bicarbonate), stabiliser (xanthan gum), egg , rapeseed oil, reduced-fat soft cheese (skimmed milk , cream (milk), maize starch, salt, stabilisers (xanthan gum, locust bean gum)), icing sugar, carrot (6%), pineapple, shortening (palm oil, rapeseed oil), salted butter (butter (milk), salt), desiccated coconut, hazelnuts , water, humectant (glycerol), cinnamon, mixed spice, raising agent (sodium hydrogen carbonate), modified maize starch, stabiliser (xanthan gum), natural flavouring, colours (curcumin, annatto norbixin. May contain nut shell and/or shell particles. Made in a factory that also handles other nuts	✓	✓		✓											
Free Range Egg Lemon Drizzle Cake	Sponge cake (68%) (sugar, wheat flour (wheat flour, calcium carbonate, iron, niacin, thiamine), pasteurised free range egg , vegetable oil (rapeseed), cake concentrate (wheat flour (wheat flour, calcium carbonate, iron, niacin, thiamine), skimmed milk powder, emulsifiers (polyglycerol esters, polyglycerol of fatty acids, mono- and diglycerides of fatty acids), raising agents (disodium diphosphate, sodium bicarbonate), wheat starch, maize starch, milk protein, rapeseed oil, stabiliser (xanthan gum), flour treatment agent (amylase)), water, humectant (glycerine), lemon flavour filling (24%) (margarine (vegetable oils (palm, rapeseed), water, salt, emulsifier (mono- and diglycerides of fatty acids) colours (annatto bixin, curcumin), flavouring), sugar, flavouring), lemon curd filling (6%) (sugar, glucose-fructose syrup, water, vegetable oil (palm), lemon juice from concentrate (3%), cornflour, dried whole egg , gelling agent (pectin), acid (citric acid), acidity regulator (sodium citrates), colour (beta carotene), antioxidant (ascorbic acid), sugar nobs (1.5%), invery sugar syrup, flavouring. May also contain oats , barley , nuts , soya , sulphites	✓	✓	✓	✓	✓								✓		
Rockslide Brownie (Sweet Street Desserts)	Brown sugar, margarine (soy bean oil, palm oil, water, salt, emulsifier E471, non-fat dry milk , emulsifier E322 (sunflower), natural flavour, vitamin A palmitate, colour E160a), cage-free eggs , wheat flour, cream (milk), glucose, unsweetened chocolate, sweetened condensed milk (milk , sugar), butter (milk), pecan nuts (2.5%), cocoa, evaporated milk , salt, emulsifier E322 (soy), water, Madagascar vanilla. Manufactured in a facility that processes peanuts and nuts	✓	✓	✓	✓	✓	✓									
Luxury Vanilla Ice Cream	Water, double cream (milk) (22%), sugar, buttermilk powder (milk), dextrose, whey powder (milk), emulsifier (mono- and diglycerides of fatty acids), stabilisers (carboxymethylcellulose, guar gum, carob gum), Madagascar vanilla extract, exhausted vanilla seeds, colours (curcumin, annatto)		✓													
Churros (Hill Valley)	Wheat flour, water, sunflower oil, salt, raising agent (disodium diphosphate, sodium carbonate), thickener (E415), emulsifier (E472e), cinnamon sugar (sugar, ground cinnamon). Produced in a factory that uses milk , nuts , egg , soya , fish , crustaceans , molluscs , celery and mustard	✓	✓	✓	✓	✓		✓			✓	✓	✓		✓	

Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O
Flapjacks (homemade)	Oats , sugar, golden syrup, vegetable margarine (vegetable oils in varying proportions (70%) (rapeseed, palm, sunflower), water, salt (1.4%), buttermilk (milk), preservative (potassium sorbate), citric acid), emulsifier (mono and diglycerides of fatty acids), flavourings, vitamins A and D, various toppings sometimes containing peanuts and other allergens – please ask for details)		✓	✓			✓								✓
Portuguese Custard Tarts	Filling (61%) (water, sugar, egg yolk, wheat flour, dried milk , egg white, maize, starch, thickener (xanthan gum E415)), pastry (39%, wheat flour, vegetable margarine (vegetable oils and fats (palm, coconut, rapeseed)), (water, emulsifier (sunflower) E471, E475), salt, acidity regulators (E270, E330), antioxidant (E304, E306, E307)), water, salt. May contain traces of nuts , sesame seeds and soya	✓	✓	✓	✓	✓				✓					
Vegan Belgian Chocolate Fudge Cake	Chocolate fudge (49%), (sugar, margarine (palm oil, rapeseed oil, water, emulsifier (E471)), dark chocolate (5.2%) (cocoa mass, sugar, cocoa butter, emulsifier (soya lecithin), natural flavour), fat reduced cocoa powder (4.4%) (water, glucose syrup, tapioca starch, flavouring, rapeseed oil, stabiliser (E412)), chocolate sponge (48%) (sugar, water, wheat flour (with calcium carbonate, iron, niacin, thiamine), rapeseed oil, fat reduced cocoa powder (1.7%), modified maize starch, raising agents (E500ii, E450i, E501), flavouring, lemon juice, dried gluten (wheat), stabiliser (E415), natural flavour) cocoa nibs. Made in a bakery that uses egg and milk		✓	✓	✓	✓									
Custard (Ambrosia)	Skimmed Milk , Buttermilk , Sugar, Modified Starch, Palm Oil, Whey (Milk), Natural Flavouring, Colours (Curcumin, Annatto), Total Milk content 75%		✓												
Strawberry Sponge Pudding (Morrisons)	Water, sugar, strawberry jam (18%) (glucose syrup, strawberry puree, sugar, gelling agent (pectin), colour (carmine), acidity regulators (citric acid, sodium citrates), flavouring), fortified wheat flour (wheat flour, iron, thiamin, nicotinic acid, calcium carbonate) vegetable oil (palm, rapeseed), strawberries (4%), modified maize starch, raising agents (lactic acid, sodium carbonates, dried egg , flavouring, emulsifier (mono- and diglycerides of fatty acids)			✓	✓										✓
Sticky Toffee Sponge Pudding (Morrisons)	Toffee Sauce (34%) (Glucose Syrup, Sugar, Condensed Milk , Butter (Milk), Water, Maize Starch, Salt, Emulsifier (Sunflower Lecithins)), Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Egg , Sugar, Palm Oil, Humectant (Glycerine), Rapeseed Oil, Water, Date, Raising Agents (Calcium Phosphates, Potassium Carbonate, Sodium Carbonates), Colour (Plain Caramel), Preservative (Potassium Sorbate), Salt	✓	✓	✓	✓										

CAFE - BAR - CONVENIENCE

Product/Dish	Ingredients	N	M	G	E	S	P	F	L	Se	C	Cr	Mo	SD	O
Chocolate Sponge Pudding (Morrisons)	Chocolate Flavoured Sauce (34%) (Glucose Syrup, Sugar, Water, Glycerine, Cocoa Mass, Modified Maize Starch, Condensed Milk , Cocoa Butter, Fat Reduced Cocoa Powder, Cream (Milk), Butter (Milk), Dried Whole Milk , Whey Powder (Milk), Preservative (Potassium Sorbate), Emulsifier (Soya Lecithins), Flavouring), Sugar, Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Egg , Palm Oil, Rapeseed Oil, Humectant (Glycerine), Water, Fat Reduced Cocoa Powder, Raising Agents (Calcium Phosphates, Sodium Carbonates, Potassium Carbonate), Flavouring, Preservative (Potassium Sorbate), Salt	✓	✓	✓	✓	✓									
Syrup Sponge Pudding (Morrisons)	Syrup Sauce (34%) (Invert Sugar Syrup, Water, Cornflour), Sugar, Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Egg , Palm Oil, Humectant (Glycerine), Rapeseed Oil, Water, Raising Agents (Calcium Phosphates, Sodium Carbonates, Potassium Carbonate), Flavouring, Preservative (Potassium Sorbate). May contain nuts	✓		✓	✓										

